

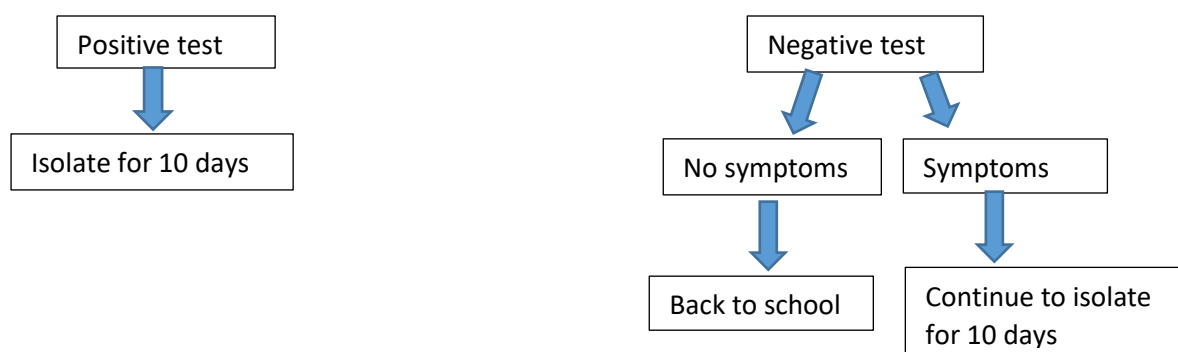
SUMMARY OF COVID-19 ISOLATION PROCEDURES FOR YOUR CHILD

YOUR CHILD HAS SYMPTOMS

If any of these three symptoms are present, you should get a test.

- **a high temperature** – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- **a new, continuous cough** – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- **a loss or change to your sense of smell or taste** – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

Isolate until you have a result for your test and then follow this flow chart:



YOU OR SOMEONE IN YOUR HOUSEHOLD HAVE SYMPTOMS

Your child should isolate with your family for 14 days. If the person with covid-19 symptoms tests negative your child can come back to school as long as no-one in your household has any symptoms.

ONE OF YOUR CONTACTS HAS SYMPTOMS

A 'contact' is a person who has been close to someone who has tested positive for COVID-19 anytime from 2 days before the person was symptomatic up to 10 days from onset of symptoms (this is when they are infectious to others). For example, a contact can be:

- people who spend significant time in the same household as a person who has tested positive for COVID-19
- sexual partners
- a person who has had face-to-face contact (within one metre), with someone who has tested positive for COVID-19, including:
 - being coughed on
 - having a face-to-face conversation within one metre
 - having skin-to-skin physical contact, or
 - contact within one metre for one minute or longer without face-to-face contact
- a person who has been within 2 metres of someone who has tested positive for COVID-19 for more than 15 minutes
- a person who has travelled in a small vehicle with someone who has tested positive for COVID-19 or in a large vehicle or plane near someone who has tested positive for COVID-19

There is no need for your child to isolate unless you or someone in your family tests positive or develops symptoms

POSITIVE TEST
<ul style="list-style-type: none">• Isolate for 10 days from the day of the test• If symptoms develop within the 10 days, restart the isolation
<ul style="list-style-type: none">• Isolate for 14 days if no symptoms develop• If symptoms develop, isolate for 10 days from onset
<ul style="list-style-type: none">• Only isolate if advised by NHS Track and Trace (unless you develop the symptoms yourself)